

LISA NAVES DANCE COMPANY

SUMMER INTENSIVE SCHEDULE

TUESDAY, AUGUST 4, 2026

TIME	MINI (6-8) STUDIO C/E	JUNIOR 1 (8-10) STUDIO B	INTERMEDIATE (10-12) STUDIO F	SENIOR (13+) STUDIO A
9:30am – 10:00am WARM UP				
10-11	Ballroom (Anastasia)	Acrobatics (Dustin)	Urban (Scott)	Ballet (Natalie)
11-12	Urban (Scott)	Ballet (Natalie)	Contemporary (Kevin)	Ballroom (Anastasia)
12-1	Contemporary (Kevin)	Tap (Rob)	Ballet (Natalie)	Acrobatics (Dustin)
1-1:30PM LUNCH				
1:30-2:30	Acrobatics (Dustin)	Contemporary (Kevin)	Ballroom (Anastasia)	Urban (Scott)
2:30-3:30	Ballet (Natalie)	Ballroom (Anastasia)	Tap (Rob)	
3:30-4:30	Tap (Rob)	Urban (Scott)	Acrobatics (Dustin)	Contemporary (Kevin) 3:30-5:00

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SUMMER INTENSIVE SCHEDULE

WEDNESDAY, AUGUST 5, 2026

TIME	MINI (6-8) STUDIO C/E	JUNIOR (8-10) STUDIO B	INTERMEDIATE (10-12) STUDIO F	SENIOR (13+) STUDIO A
9:30am – 10:00am WARM UP				
10-11	Jazz Progressions (Kristy)	Ballet (Natalie)	Urban (Scott)	Contemporary (Lakota)
11-12	Ballet (Natalie)	Jazz Progressions (Kristy)	Tap (Rob)	
12-1	Urban (Scott)	Contemporary (Lakota)	Jazz Progressions (Kristy)	Acrobatics (Dustin)
1-1:30PM LUNCH				
1:30-2:30	Tap (Rob)	Acrobatics (Dustin)	Ballet (Natalie)	Jazz Progressions (Kristy)
2:30-3:30	Contemporary (Lakota)	Urban (Scott)	Acrobatics (Dustin)	Ballet (Natalie)
3:30-4:30	Acrobatics (Dustin)	Tap (Rob)	Contemporary (Lakota)	Urban (Scott)